

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Health Assessment

CODE NO. : PNG1270

SEMESTER: 2

PROGRAM: Practical Nursing

AUTHOR: Consortium, Gwen DiAngelo, Lynn Tomie

DATE: Jan/03

PREVIOUS OUTLINE DATED: N/A

APPROVED:

DEAN

DATE

TOTAL CREDITS: 3

PREREQUISITE(S): PNG1110, PNG1150, PNG1160

HOURS/WEEK: 3

Copyright © 2002 The Sault College of Applied Arts & Technology
Reproduction of this document by any means, in whole or in part, without prior written permission of Sault College of Applied Arts & Technology is prohibited.
For additional information, please contact, Dean
School of Health and Human Services
(705) 759-2554, Ext. 603/689

I. COURSE DESCRIPTION:

This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all ages of the lifespan. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Apply the nursing process throughout a health assessment

Potential Elements of the Performance:

- Identify the five steps of the nursing process
- Demonstrate critical thinking and problem solving throughout each step of the nursing process.
- identify various methods of data-collecting involved in nursing assessment
- plan nursing interventions to achieve desired outcomes (goals)
- formulate nursing diagnoses/judgements about a client's functional state of health or response to a health problem
- implement relevant and scientific-based nursing interventions to achieve expected outcomes
- evaluate the client's response to selected nursing interventions and achievement of expected outcomes (goals)

2. Utilize a framework to conduct a holistic health assessment for a healthy individual during all stages of the lifespan.

Potential Elements of the Performance:

- discuss the purpose of health assessment
- explore frameworks that guide health assessment

3. Perform a basic comprehensive health assessment of a healthy individual.
Potential Elements of the Performance:
 - describe the impact of communication skills on the interview process
 - adapt interview techniques to facilitate a health assessment.
 - discuss the ethnical and cultural considerations involved in a health assessment
 - discuss elements of a nursing health history
 - conduct a nursing health history for each system/health pattern
 - identify the equipment used in a physical examination
 - demonstrate the correct use of the equipment
 - discuss examination techniques specific to each system/health patterns
 - demonstrate accurate basic physical examination techniques for each functional health pattern/system using a framework
 - adapt physical examination techniques to various age groups
 - identify age related variations and basic deviations from expected findings
 - perform a basic physical examination utilizing a framework
 - organize assessment data using a framework
 - record and report findings of the basic comprehensive health assessment

4. Integrate basic health promotion strategies during health assessment.
Potential Elements of the Performance:
 - incorporate appropriate health teaching during a health history and basic physical examination.

III. TOPICS:

- | | |
|--|--|
| 1. The Interview and Health History | 10. Heart and Neck Vessels |
| 2. Assessment Techniques | 11. Peripheral Vascular System and Lymphatic |
| 3. The General Survey, Measurement & Vital Signs | 12. Abdomen |
| 4. Skin, Hair and Nails | 13. Musculoskeletal System |
| 5. Head and Neck | 14. Neurological System |
| 6. Special Senses | 15. Male Genitalia |
| 7. Nose, Mouth, Throat | 16. Female Genitalia |
| 8. Breasts, Axillae and Lymphatic | 17. Anus, Rectum and Prostate |
| 9. Thorax and Lungs | 18. Mental Status |

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Jarvis, C. (2000). *Physical examination and health assessment*. (3rd ed.). Toronto: W.B Saunders Company.

Optional:

Jarvis, C. (2000). *Pocket Companion: Physical examination and health assessment*. (3rd ed.). Toronto: W.B Saunders Company.

V. EVALUATION PROCESS/GRADING SYSTEM:

3 Quizzes (worth 15% each)	45%
Practicum Testing (twice during semester) (worth 20% each)	40%
Nursing Health History	15%
Total	100%

The following semester grades will be assigned to students in postsecondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 - 100%	4.00
A	80 - 89%	3.75
B	70 - 79%	3.00
C	60 - 69%	2.00
R (Repeat)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field placement or non-graded subject areas.	
U	Unsatisfactory achievement in field placement or non-graded subject areas.	
X	A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies & Procedures Manual – Deferred Grades and Make-up</i>).	

NR Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has not been possible for the faculty member to report grades.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Rights and Responsibilities*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.